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2020 TRACK & FIELD HANDBOOK

**Subject to changes*

Published: 2/18/2020

Updated 2/20/20 Page 18 in red

Updated 2/26/20 Page 8 Buffalo Schools & COS Springville/WV pending approval

www.nysphsaa.org

www.section6.e1b.org

[Track & Field page of Section6.e1b.org](http://www.section6.e1b.org)

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Forms

(available at www.section6.e1b.org click on General Information, *Handbooks & Sports Forms*)

<http://www.section6.e1b.org/HandbooksSpring> or <http://www.section6.e1b.org/Track>

[Pole Vault Certification Form](#)

[Track & Field Record Application](#)

[All-WNY Scholar Athlete Application](#)

[Opt Out of State Travel Form](#)

[Waiver of minimum number of contests for sectional participation](#)

2020 Track & Field Calendar

The Section VI approved Track & Field season is
March 9th - June 13, 2020

First Practice	Monday, March 9, 2019
First Scrimmage or First Contest	Number of practices to represent school: 6 (individual)
Last Day to Move up Modified Athletes	<u>Prior to completion of 50%</u> of the athlete's modified schedule
The State Modified Rule #13 on Promotion must be followed. See page 112 of full NYSPHSAA Handbook Link	
Section VI Coaches Meeting - 7:00 pm	Thursday March 12
East Aurora Auditorium – park around back – first door as you enter the parking lot	
All Coach Email addresses to Paul Ksionzyk at paulksion@gmail.com	Thursday March 12
All-WNY Scholar Athlete Nomination Deadline	Friday, May 8
ENTRIES OPEN FOR ALL CLASS MEETS - online at www.athletic.net	Friday, May 22
ENTRIES CLOSE FOR ALL CLASS MEETS – 11:00 pm	Tuesday, May 26
Section VI Class Meet “A” @ Williamsville South - 4:00 pm	Thursday, May 28
Section VI Class “B” Meet @ East Aurora - 4:00 pm	Friday, May 29
Section VI Class “D” Meet @ Randolph - 4:00 pm	Friday, May 29
Section VI Class Meet “AA” @ Williamsville South - 10:00 am	Saturday, May 30
Section VI Class “C” Meet @ Falconer - 10:00 am	Saturday, May 30
ENTRIES OPEN FOR State Qualifier Meet - online at www.athletic.net	Wednesday, May 20
ENTRIES CLOSE FOR State Qualifier Meet - 2:00 pm	Sunday, May 31
Final Scratches - 10:00 am	Tuesday, June 2
State Meet Qualifier <i>Declaration – email info to Walt</i>	<u>Tuesday, June 10 – 9:00 p.m.</u>
<i>See details on page.11 Advancement to the State Meet:</i>	
Opt out of State Travel Deadline	End-of-Meet June 6
State Coach Admission list from Athletic Director to State Office	Monday, June 8, 2020
See page 5 Link	

Section VI Track & Field State Qualifier Meet

Friday June 5 & Saturday 6, 2020

Olean City Schools

401 Wayne St, Olean, NY 14760

New York State Track & Field Championship Meet

Friday June 12 & Saturday June 13, 2020

Cicero - North Syracuse (Section III)

6002 NY-31, Cicero, NY 1303

Boys & Girls Outdoor Track & Field Committee

Committee voting privileges:

As per the Section VI Constitution item 7.6, "The representative members on each sport committee will be appointed by each league and have only one vote per league. Other non-voting members may be selected by the Sport Chairperson. Federated sport representative members that are appointed by their division, league or school will have only one vote. The Sport Chairs of Federated Sports that have divisions will verify that among division representatives each participating league is represented. The Sport Chair may only vote when the vote is tied. A Sport Chair who also represents a league can serve in both capacities but will have only one vote."

The voting members of the committee are indicated below with an asterisk.

BOYS COMMITTEE

CHAIRMAN:	Paul Ksionzyk, Olean HS	(C) 307-0533	paulksion@gmail.com
BUFFALO:	*Dave Sardo, Hutch-Tech	(C) 435-7251	dsardo@buffaloschools.org
CCAA:	*Dave Nelson, Falconer	(C) 397-2436	dnelson@falconercsd.org
	Paul Steward	(C) 397-2855	psteward@randolphcsd.org
ECIC:	*Dan Syracuse	(C) 696-2730	dcuse19@gmail.com
NFL:	*Marty Madore, Kenmore West	(C) 474-7469	mmadore@ktufsd.org
N-O:	*Ryan Carberry, Barker	(S) 795-3340	rcarberry@barkerccsd.net

STATE CHAIR: Tom Wells, New Hartford Central School

GIRLS COMMITTEE

CHAIRMAN:	Walt McLaughlin, East Aurora	(C) 829-9282	wmclaughlin@eak12.org
BUFFALO:	*Ken Hans retired	(C) 208-6433	khans13@verizon.net
CCAA:	*Mike Wilber, Allegany-Limestone	(C) 724-771-0895	mwilber@alcsny.org
ECIC:	*Mary Doud, Pioneer	(C) 912-1772	mdoud@pioneerccsd.org
	Bill Malican, Hamburg	(H) 543-5055	wmalican3@hotmail.com
NFL:	*Mike Panepinto, Kenmore West	(S) 847-8401 ext. 6522	mpanepinto@ktufsd.org
N-O:	*Ryan Carberry, Barker	(S) 795-3340	rcarberry@barkerccsd.net

STATE CHAIR: Dan Doherty, Pearl River HS

2020 Section VI Track & Field Point of Emphasis for Coaches

1. There will be a mandatory meeting of all head Boy's & Girl's Coaches at East Aurora at 7:00 pm on March 12th in the High School Auditorium. If the head coach cannot make it then an assistant must come. The Section VI Athletic Council voted to establish pre-season coaches meetings for all sports. All coaches are encouraged to attend or send a representative.
2. Every head coach must send their email address to Paul Ksionzyk at paulksion@gmail.com on or before Coaches Meeting. Must include: Coaches School, First & Last Name, Designate Boys or Girls Coach and the email address that you want Paul to send you the sectional performance list and final sectional list. The performance and cut down list will not be published – only emailed.
3. There will be 5 Class Meets held this year with sectional Plaques for each winning team
4. All Relay entries **MUST** have 4 names entered and **should** have 6 names entered. Any four of those 6 entered may run. There will be no changes or additional athletes substituted the day(s) of the Section VI Championship.
5. The section will not pay for athletes & coaches box lunch at the NYSPHSAA Track & Field Championship. this year. Arrangements for lunches will be the responsibility of the individual schools, coaches or athletes.
6. Super Qualifying Standards will again be used this year to advance to the State Meet. A set of standards is on page 17 of the handbook. Any athlete can advance to the State meet from each division if they compete at the State Qualifier Meet in the qualifying event and meet the super standards. The meet in which the standard is met must be FAT timed.

2020 NFHS Track & Field Rule Changes

4-6-5g, 8-6-1e: Clarifies that a competitor should not be penalized for helping another competitor who is distressed or injured when no advantage is gained by the competitor who is assisting.

5-3-3 & 4, 5-10-6 thru 11: Clarifies that in the 4x100-meter relay and 4x200-meter relay, and other relays with legs of 200 meters or less, each exchange zone will be 30 meters long. All exchange zones for races in excess of 200 meters will remain at 20 meters.

6-2-6: Clarifies that it is illegal to run backwards or in the opposite direction (non-legal direction) on a horizontal jump, pole vault or javelin runway.

6-9-5: The length of long jump and triple jump pits constructed after 2019 shall be at least 23 feet (7 meters).

2020 Editorial Changes

5-11-1: A relay team shall pass their baton in accordance with the rules.

5-1-5, 6-8-10d

2020 Points of Emphasis

1. Meet Administration
2. Exchange Zone
3. Assisting Injured Athletes

Heat Index/ Wind Chill

Heat Index / Wind Chill Procedure: In May 2016, the NYSPHSAA updated Heat Index and Wind Chill Procedures to be used in member school athletic programs. The Heat Index/Wind Chill must be checked prior to any contest or practice. The Heat Index/Wind Chill Procedures are on pages 25 & 26

TRACK & FIELD(OUTDOOR) Sport Standard

Page 99-100 of the current State handbook <http://www.nysphsaa.org/Resources/Handbook>
22 TRACK & FIELD(OUTDOOR) Sport Standard

22.1 Rules: NFHS

22.2 Maximum Number of meets: 16 (maximum plus section, state championships and games necessary to break divisional or league ties.

22.3 Practice Requirements: **Number of practices to represent school: 6 (individual)**

22.4 Nights rest between contests: 1night

22.5 Individual contests limitation per day: 4 events; 1 contest

22.6 Scrimmage limitations per day: 1scrimmage

22.7 Waivers of NFHS Track & Field Rules: None.

22.8 NYSPHSAA Track & Field (Outdoor)Rules:

1. There must be one night of rest between contests and not more than three (3) contests scheduled per week.

2. Wristwatches are approved for practice only.

3. Procedures for Wheelchair Athletes:

1. Special Accommodations: Schools would be required to apply for a Special Accommodation for each student competing in a wheelchair. The request would have to include all necessary medical documentation which requires the accommodation. NYSPHSAA approval is required for the student to participate using a wheelchair. Accommodations will include the following:

a. If only one wheelchair athlete in the race, then they will race with the able-bodied athletes (Outdoor only). If two or more-wheel chair athletes, then they will race at the same time in a separate heat from the able-bodied athletes. All wheelchair athletes must wear a helmet.

b. In all laned events the wheelchair athlete will be given two lanes to compete in. In non-laned races the wheelchair athlete will start on the outside lane or behind the able body athletes and not be able to cut into lane 1 until the first 100 meters has passed.

c. In field events the wheelchair athlete will be able to use a throwing chair set up by an adult to compete in shot put and discus.

2. Scoring: Wheelchair athletes will either race against a clock or another Wheelchair athlete. Wheelchair Athletes and able body athletes will not compete against each other for points or place finishes.

a. If only one wheelchair athlete is competing in the race then they will be racing against the clock and if they meet or exceed the standard then they will receive 1 point for their team. If in post season they will receive the 1 point plus qualify for the next level of competition.

- b. If two wheelchair athletes competing against each other the first-place athlete will receive 2 points and the second-place athlete will receive 1 point. If there are three wheelchair athletes, the first-place finisher will receive 5 points and the second-place finisher will receive 3 points and the third-place finisher will receive 1 point. In the post season the top finisher will advance to the next level of competition.
3. Standards: The following standards will be used to determine qualifying and earning points for the athlete's teams. The standards will be derived from the standards and results of the Adaptive Track and Field USA Database which has over 25 years of data.

Event	Female Standard	Male Standard
100M	40.0	29.0
200M	1:03.4	51.8
400M	2:09	1:40
800M	4:00	3:19
1500M	6:00	4:46
1600M	7:00 1	6:00
3000M	13:20	12:00
Shot	7 feet	9 feet
Discus	22 feet	23 feet

22.9 Track & Field (Outdoor) Scrimmage Rules:

A track & field scrimmage must conform to the following:

1. No scoring – no official results or place finishers recorded
2. No performance may be used to meet the qualifying standard or be considered a record
3. Competitors and events must adhere to the limitations of the NFHS.

22.10 Track & Field (Outdoor) Championship Week#: Week #49

2020 NYSPHSAA State Track & Field Coach Pass Request

If coaches want a pass to the State Championship meet, they must register online at NYSPHSAA.org. They need to go to Sports – Track & Field – outdoors - Coach/Coordinator Resource – Coach Ticket Request and fill out the necessary information.

<http://www.nysphsaa.org/Sports/Track-Field-Outdoor/Coach-Coordinator-Resources>

2020 Classification for Boys & Girls Track & Field

COMBINED TEAMS: For 2020 we have approved combined teams 11 team

<u>Chautauqua Lake</u>	Westfield	7/8/9		12/11/2019	298
<u>Clymer</u>	Sherman, Panama	V	CCAA approval	2/5/20 Exec	288
<u>East</u>	Pathways	V		2/5/20 Exec	370
<u>Eden</u>	North Collins	V / 7/8		1/15/2020	365
<u>Emerson</u>	Buffalo Culinary	V		2/5/20 Exec	803
<u>Falconer</u>	Cassadaga Valley	V & JV		9/11/2019	412
<u>Franklinville</u>	Ellicottville	V & 7/8		9/11/2019	224
<u>Frontier</u>	Lackawanna	V		11/13/2019	1198
<u>Lafayette</u>	New Comers	V		2/5/20 Exec	549
<u>Silver Creek</u>	Forestville	V & 7/8/9		12/11/2019	253
<u>Westfield</u>	Brocton	V		9/11/2019	199
<u>Springville</u>	West Valley	Pending application*		3/25/20 AC Agenda PT Guessing 444 TS needs to verify	

2020 Classification for Boys & Girls Track & Field

Division I (600 & Up)

1	Niagara Falls	NFL	1588	10	Niagara Wheatfield	NFL	910	18	Kenmore East	NFL	754
2	Lancaster	ECIC	1405	11	Hutch Tech	Buffalo	885	19	Sweet Home	ECIC	753
3	Frontier	ECIC	1198	12	Kenmore West	NFL	856	20	Grand Island	NFL	705
4	Orchard Park	ECIC	1173	13	McKinley	Buffalo	841	21	Williamsville South	ECIC	703
5	Jamestown	ECIC	1069	14	Emerson	Buffalo	803	22	South Park	Buffalo	675
6	Clarence	ECIC	1068	15	North Tonawanda	NFL	799	23	Starpoint	ECIC	639
7	Lockport	NFL	1065	16	Hamburg	ECIC	792	24	Amherst	ECIC	630
8	Williamsville North	ECIC	1012	17	Williamsville East	ECIC	757	25	West Seneca East	ECIC	616
9	West Seneca West	ECIC	922								

Division II (0 to 599)

1	Lake Shore	ECIC	559	20	MST Prep	Buffalo	381	40	Tapestry	Indep	262
2	Pioneer	ECIC	559	21	Eden	ECIC	379	41	Lewis J. Bennett	Buffalo	261
3	Lafayette/New Comer	Buffalo	549	22	East Community	Buffalo	370	42	Bflo Acad Science	Indep	252
4	Cheektowaga	ECIC	510	23	Newfane	NO	367	43	Portville	CCAA	247
5	Lewiston Porter	NFL	507	24	Health Sciences	Indep	364	44	MEC	Buffalo	244
6	Iroquois	ECIC	499	25	Bflo Arts Academy	Buffalo	358	45	Chautauqua Lake	CCAA	232
7	Maryvale	ECIC	484	26	Fredonia	CCAA	352	46	Franklinville	CCAA	224
8	East Aurora	ECIC	471	27	Akron	NO	348	47	Catt/Little Valley	CCAA	223
9	City Honors	Buffalo	471	28	Falconer	CCAA	326	48	Holland	ECIC	210
10	Dunkirk	CCAA	463	29	Southwestern	CCAA	313	49	Westfield	CCAA	208
11	Intl Prep	Buffalo	457	30	Olmsted	Buffalo	310	50	Global Concepts	Indep	204
12	Olean	CCAA	450	31	WNY Maritime	Indep	310	51	Salamanca	CCAA	198
13	Springville/West Valley	ECIC	444	32	Royalton-Hartland	NO	307	52	Randolph	CCAA	196
14	Albion	NO	435	33	Cleveland Hill	ECIC	306	53	Frewsburg	CCAA	195
15	Depew	ECIC	418	34	JFK	ECIC	300	54	Barker	NO	189
16	Tonawanda	ECIC	403	35	Wilson	NO	298	55	Clymer	CCAA	180
17	Burgard	Buffalo	397	36	Leonardo da Vinci	Buffalo	282	56	Maple Grove	CCAA	169
18	Alden	ECIC	391	37	Allegany-Limestone	CCAA	279	57	Research Lab	Buffalo	160
19	Medina	NO	391	38	Gowanda	CCAA	268	58	Riverside Academy	Buffalo	145
				39	Silver Creek	CCAA	265				

Section VI Track & Field Class Meet Classifications

Class "AA" @ Williamsville South

1. Niagara Falls
2. Lancaster
3. Frontier/Lack
4. Orchard Park
5. Jamestown
6. Clarence
7. Lockport
8. Williams North
9. West S West
10. Niag Wheat
11. Hutch Tech
12. Kenmore West
13. McKinley
14. Emerson

Class "A" @ Williamsville South

1. N Tonawanda
2. Hamburg
3. Williams East
4. Kenmore East
5. Sweet Home
6. Grand Island
7. Williams South
8. South Park
9. Starpoint
10. Amherst
11. West S East
12. Lake Shore
13. Pioneer
14. Cheektowaga

Class "B" @ East Aurora

1. Lew Port
2. Iroquois
3. Maryvale
4. East Aurora
5. City Honors
6. Dunkirk
7. Intl Prep
8. Olean
9. Albion
10. Springville
11. Depew
12. Tonawanda
13. Burgard
14. Alden
15. Medina
16. Lafayette
17. MST Prep
18. Eden

Class "C" @ Falconer

1. East
2. Newfane
3. Health Sci
4. Buff Arts Acad
5. Fredonia
6. Akron
7. Falconer
8. Southwestern
9. Olmsted

10. WNY Maritime
11. Royal-Hart
12. Cleveland Hill
13. JFK
14. Wilson
15. Leo da Vinci
16. Allegany-Limes
17. Gowanda
18. Silver Creek

Class "D" @ Randolph

1. Tapestry
2. L. J. Bennett
3. Bflo Acad Sci
4. Portville
5. MEC
6. Chaut Lake
7. Franklinville
8. Catt/L-V
9. Holland
10. Westfield
11. Global Con
12. Salamanca
13. Randolph
14. Frewsburg
15. Barker
16. Clymer
17. Maple Grove
18. River Academy

Section VI Class Meet Entry Procedure

Overview

All teams can participate in their respective class meet. A Section VI Team Plaque will go to the winner. One entry per event is allowed from each team with a possibility of up to three athletes per event. The 2nd & 3rd entries are allowed only if all entries have met the class meet standards found on page 9. One relay team is allowed for each of the relays.

Submission of Entries

Entries must be done online at www.athletic.net

Entries will open on *Friday, May 22 and will close on Tuesday, May 26 at 11:00 p.m. for all class meets*

Meet Duties

Each team will be assigned a duty at the class meets. **Each team will be expected to have one adult and at least one student to carry out these duties.**

Class Meet - Order of Events

3200 Meter Relay	G	Shot Put	G
3200 Meter Relay	B	Discus	B
100 Meter High Hurdles	G	Long Jump	B
100 Meter High Hurdles	B	Triple Jump	G
100 Meter Dash	G	High Jump	B
100 Meter Dash	B	Pole Vault	G
1500 Meter Run	G		
1600 Meter Run	B		
400 Meter Relay	G		
400 Meter Relay	B	Shot Put	B
400 Meter Dash	G	Discus	G
400 Meter Dash	B	Long Jump	G
400 Meter Inter. Hurdles	G	Triple Jump	B
400 Meter Inter. Hurdles	B	High Jump	G
800 Meter Run	G	Pole Vault	B
800 Meter Run	B		
200 Meter Dash	G		
200 Meter Dash	B		
3000 Meter Run	G		
3200 Meter Run	B		
1600 Meter Relay	G		
1600 Meter Relay	B		

Class Meet Standards - All Classes

Entries – 1 from each team plus as many as 3 if they have all made the class meet standard –
1 team entry for each relay-no standard

<u>Boys</u>	<u>Hand/FAT</u>	<u>Girls</u>	<u>Hand/FAT</u>
100m Dash	11.5/11.74	100m Dash	13.1/13.34
200m Dash	24.0/24.24	200m Dash	27.7/27.94
400m Dash	54.0/54.24	400m Dash	1:04.6/1:04.84
800m Run	2:08.0/2:08.24	800m Run	2:35.0/2:35.24
1600m Run	4:50.0/4:50.24	1500m Run	5:20.0/5:20.24
3200m Run	10:40.0/10:40.24	3200m Run	11:55.0/11:55.24
110m HH	17.7/17.94	100m HH	18.0/18.24
400m IM	1:04.0/1:04.24	400m IM	1:15.0/1:15.24
Long Jump	19' 00"	Long Jump	15' 00"
Triple Jump	37' 06"	Triple Jump	31' 06"
Shot Put	40' 00"	Shot Put	29' 06"
Discus	114' 00"	Discus	87' 00"
High Jump	5' 07"	High Jump	4' 07"
Pole Vault	10' 00"	Pole Vault	7' 06"

Section VI State Qualifier Meet Entry Procedure

Overview

The only way to qualify for the Section VI Championships (State Qualifier Meet) is by meeting the Sectional Qualifying Standards on pages 9-10. There are separate standards for Divisions I and II. Any athlete or relay that better the "Automatic" mark listed is automatically eligible to compete in that event. An athlete or relay that meets the "Provisional" mark listed will only be eligible if they are among the selected field once the cut-down is made prior to Sectionals. Coaches are required to submit their qualifying athletes and relays for consideration **online. We are relying on the integrity of all coaches when entering their athlete's times, heights and distances. The Chairman reserve the right to question any entry and ask for proof if needed.**

Submission of Entries

Entries must be done online at www.athletic.net

Entries will open on *Wednesday, May 20 and will close on Sunday, May 31 at 2:00 p.m.*

Hand held times will be converted to FAT – **Make sure you check the hand time box if it is a hand held time. Fill in all numbers including zeroes at the beginning of the time and at the end!!** If a meet is timed with FAT, you must use the FAT time for that meet. No hand held times should be used for a meet timed with FAT. Relay entries must have names of the athletes – enter 4 with 2 alternates – any 4 of those 6 will be allowed to run. No additional names for relays will be accepted the day of the race. Drag the athlete's name to the green drop box under the relay.

Posting of Sectional Performance List

The chairman will **send** the Sectional Performance list Sunday evening *May 31. Every head coach must send their email address to Paul Ksionzyk at paulksion@gmail.com by the March coaches meeting. Must include: Coaches School, First & Last Name, Designate Boy's or Girl's Coach and the email address that you want Paul to send you the sectional performance list and final sectional list. The performance and cut down list will not be published – only emailed.*

This list will include **all** athletes entered and who have met the qualifying times, distances or heights. **Coaches are then responsible for checking the list and notifying the chairmen of any discrepancies, corrections or scratches.** This is only a Performance list and athletes may move into or out of the top 16 that will be listed in the final qualification list.

Scratches & Corrections to Sectional Performance List

Coaches will have until *10:00 am Tuesday, June 2* to scratch athletes or make corrections to the Performance list posted on *Sunday, May 31*. This must be done through email (boys and/or girls):

ONLY Send Scratches to: Paul Ksionzyk paulksion@gmail.com

The Final Entry List will be sent to each coaches email on Tuesday, June 2.*It will be possible for athletes not listed in the original *Sunday May 31* list to be moved into the final qualifying field. It is also possible for athletes previously listed in the top 16 to be out of the qualifying field. Once the field is posted on *Tuesday, June 2*, it is final. No athletes will be added – if there are any more scratches, they will be accepted at the Sectional Championship Meet on *Friday, June 5 or Saturday, June 6*. No entries will be accepted at that time, just scratches.

Selection of Fields for the Sectionals

1. Coaches are **encouraged** to scratch out all athletes and relays that will not be competing in those events. Coaches who leave athletes in events that they will not contest are taking an opportunity away from another athlete.

NOTE: Athletes may not be entered in more than four (4) individual events after **10:00 am on Tuesday, June 2**. Any athlete exceeding this limit will be scratched down to four (4) events by the Chairman. Pentathlon athletes should also be scratched out of all other events by **Tuesday, June 2 at 10:00 am.**

2. After **10:00am Tuesday, June 2**, the Chairman will create the final fields using the following procedure:
 - a. Anyone who has met the “Automatic” standard will make the field.
 - b. If there are less than 16 automatic entries, the chairman will take additional athletes from the Sectional lists in descending order until a field of 16 (and any ties) is created.
 - c. If taking a 16th athlete requires taking additional tied athletes, the chairman **will** create a field of 15. The chairman may not, however, create a field smaller than 15.

Section VI Qualifying Standards 2020 - Division I

NOTE: Please read page 11 for complete information on qualifying.

EVENT	GIRLS			
	<u>Automatic</u>	<u>w/FAT</u>	<u>Provisional</u>	<u>w/FAT</u>
100	12.4	12.64	13.1	13.34
200	26.0	26.24	27.7	27.94
400	1:00.5	1:00.74	1:04.7	1:04.94
800	2:23.3	2:23.54	2:35.0	2:35.24
1500	4:58.6	4:58.84	5:20.0	5:20.24
3000	10:56.5	10:56.74	11:55.0	11:55.24
100 H	16.0	16.24	18.0	18.24
400 IH	1:07.5	1:07.74	1:15.0	1:15.24
Steeple	7:50.2	7:50.44	8:55.0	8:55.24
Long Jump	16' 06"		15' 00"	
Triple Jump	35' 00"		31' 00"	
High Jump	5' 02"		4' 07"	
Pole Vault	10' 00"		7' 06"	
Shot Put	35' 00"		29' 06"	
Discus	112' 00"		87' 00"	
Pentathlon	2100 pts.		1800 pts	
4x100	51.0	51.24	55.6	55.84
4x400	4:15.0	4:15.24	4:45.0	4:45.24
4x800	10:14.0	10:14.24	11:05.0	11:05.24

EVENT	BOYS			
	<u>Automatic</u>	<u>w/FAT</u>	<u>Provisional</u>	<u>w/FAT</u>
100	10.8	11.04	11.6	11.84
200	22.4	22.64	24.0	24.24
400	51.5	51.74	54.0	54.24
800	2:00.0	2:00.24	2:08.0	2:08.24
1600	4:30.0	4:30.24	4:50.0	4:50.24
3200	10:00.0	10:00.24	10:40.0	10:40.24
110 HH	15.5	15.74	17.8	18.04
400 IH	58.5	58.74	1:04.0	1:04.24
Steeple	10:30.0	10:30.24	11:30.0	11:30.24
Long Jump	20' 10"		18' 06"	
Triple Jump	42' 00"		37' 06"	
High Jump	6' 00"		5' 07"	
Pole Vault	12' 60"		10' 00"	
Shot Put	47' 10"		40' 00"	
Discus	138' 00"		114' 00"	
Pentathlon	2500 pts.		1800 pts	
4x100	44.9	45.14	47.0	47.24
4x400	3:35.0	3:35.24	3:50.0	3:50.24
4x800	8:35.0	8:35.24	9:05.0	9:05.24

Section VI Qualifying Standards 2020 - Division II

NOTE: Please read page 11 for complete information on qualifying.

EVENT	GIRLS			
	<u>Automatic</u>	<u>w/FAT</u>	<u>Provisional</u>	<u>w/FAT</u>
100	12.4	12.64	13.1	13.34
200	26.0	26.24	28.2	28.44
400	1:00.5	1:00.74	1:04.6	1:04.84
800	2:24.0	2:24.24	2:35.0	2:35.24
1500	5:03.0	5:03.24	5:25.0	5:25.24
3000	10:55.0	10:55.24	11:50.0	11:50.24
100 H	16.6	16.84	18.0	18.24
400 IH	1:07.5	1:07.74	1:15.0	1:15.24
Steeple	7:58.0	7.58.24	8:51.0	8:51.24
Long Jump	16' 06"		14' 10"	
Triple Jump	34' 00"		31' 06"	
High Jump	5' 02"		4' 09"	
Pole Vault	9' 03"		7' 06"	
Shot Put	34' 00"		29' 00"	
Discus	100' 00"		85' 00"	
Pentathlon	2200 pts.		1800 pts.	
4x100	51.5	51.74	55.0	55.24
4x400	4:15.0	4:15.24	4:36.0	4:36.24
4x800	10:14.0	10:14.24	11:14.0	11:14.24

EVENT	BOYS			
	<u>Automatic</u>	<u>w/FAT</u>	<u>Provisional</u>	<u>w/FAT</u>
100	11.0	11.24	11.5	11.74
200	23.0	23.24	24.0	24.24
400	51.5	51.74	54.3	54.54
800	2:02.5	2:02.74	2:10.0	2:10.24
1600	4:35.0	4:35.24	4:55.0	4:55.24
3200	10:05.0	10:05.24	10:50.0	10:50.24
110 HH	15.8	16.04	17.7	17.94
400 IH	59.0	59.24	1:04.0	1:04.24
Steeple	10:30.0	10:30.24	11:40.0	11:40.24
Long Jump	20' 05"		19' 00"	
Triple Jump	41' 06"		37' 06"	
High Jump	6' 00"		5' 07"	
Pole Vault	12' 06"		10' 00"	
Shot Put	45' 06"		39' 00"	
Discus	130' 00"		114' 00"	
Pentathlon	2500 pts.		1800 pts.	
4x100	45.0	45.24	47.0	47.24
4x400	3:37.0	3:37.24	3:50.0	3:50.24
4x800	8:40.0	8:40.24	9:10.0	9:10.24

Section VI State Qualifier Meet Information

***Inclement Weather...Possible Cancellation Tune to WGR (550) or WBEN (930)
and review Contingency Plan on page 23

NO athlete(s) should be represented unless they are accompanied by a coach or faculty member from their school that is responsible for them.

Facility This year's State Qualifier Meet will be held at *Olean High School on Friday, June 5 and Saturday, June 6*. (See pages 14-15 for time schedule and order of events.) This is an 8-lane all-weather surface. All jumping events are likewise all-weather runways/aprons. Throwing circles are concrete. Maximum **1/4" spikes** may be worn. These may be either pyramids or pins (needles). Please do not allow your athletes to bring radios or tape players into the complex. These items prevent those trying to hear vital information from the announcer. Footballs, frisbees, and the like are similarly an inappropriate distraction from the important championship that we are holding.

Admission

\$5.00 each day. Pre-school (children 5 and under) are admitted free.

NOTE: Section VI will provide ticket sellers/takers for sectional contests at neutral sites.

Eligibility Athletes must have competed in six (6) meets prior to the Sectionals in order to be eligible to compete. Only those athletes and relays that have met the requirements of the qualifying procedure on pages 6-11 are eligible to compete in this meet.

Note: a. Relays qualify by school.
b. Relay standards must be run as a team. You may not add up individual split times.
c. Relay splits may not be used for individual entries.

Standards Sectional qualifying standards can be found on pages 9-10.

Officials Officials will be assigned by the Sectional Chairmen.

Jury of Appeals Boys Chairman, Girls Chairman, and the *ECIC Boys Rep*.

Appeals See page 22 of handbook for appeal procedure.

Advancement to the State Meet:

The meet is conducted in two divisions (I and II). The winning individual or relay in each division final will advance to the State Meet (see page 3 for date/location). Additionally, the second place individual finishers will qualify if they better the State Standards listed on page 16. The State Standard must have been met in a championship meet or invitational (5 teams or more). All ties to advance to the State Meet will be broken (i.e. jump-off). The third, fourth, etc., competitor may move up to this place as long as the competitors ahead of them have not met the State Standard. A Super Standard for the State meet is listed on page 17 of the handbook. An athlete or relay from each division can advance following the same rules as the standard qualifiers only they must meet the Super Standard **at a FAT timed Meet**.

Any athlete or relay team with a State qualifying time, distance, or height, performed prior to the Sectional Championships, must send an email to wmclaughlin@eak12.org before 9:00 p.m. on Tues. June 2. The email must include the following information: Name of School - Division competing in - Coach sending the information - Name of athlete - Grade of athlete - Event - State qualifying time, distance or height - Date and meet the athlete performed the qualifying time, distance or height.

A coach from the school of the athlete(s) qualifying for the state meet must accompany their athlete(s) to the awards tent. The name of the coach that will be accompanying their athlete to the state meet must be given to Walt McLaughlin at this time.

Awards The top four (4) places will receive Sectional patches in each division. The winners will also receive a Sectional certificate. Award winners and coaches of qualifying individuals/relays **MUST** report to the Awards Tent after the conclusion of their event.

Qualifiers to State Meet *If you have an athlete qualify for the State Meet, Coaches and athlete(s) must obtain their travel information before leaving Sectionals.* The coach of each qualifying relay must present the names of their four (4) competing athletes and two (2) alternates. Only four athletes may ride the bus to the State Meet.

NOTE: The order of events at the Qualifier is not the same as at the State Meet. Be aware of this when placing your entries.

Seeding for the State Meet The Chairman may use any mark achieved in a championship meet or invitational (5 teams or more) *during the outdoor season.* **It is the responsibility of each coach to make the Awards Tent aware of a better previous performance. Any updates should be made at the time of awards pick up**

NOTE: League chairpersons are required to forward a copy of the complete results of their league championship to the Sectional Chairmen before the Qualifier Meet.

T-shirts Souvenir T-shirts will be available for sale to help defray the cost of the meet.

Infield Athletes not currently competing are **not** allowed on the infield of the track and should remain outside of the fence surrounding the track. *Coaches are permitted on the infield only when their athletes are warming up when competing in field events (HJ, TJ, LJ). There will be a coaches box for the pole vault.* Sectional chairmen, their committee, officials, and other designated meet management will be the only people allowed inside of the fence.

State Meet Participation Coaches are expected to be aware of and to follow the Section VI policies and procedures regarding travel to the State Championship Meet. *(see page 24)* Any State Meet **Scratches** and **Travel Opt Out Forms** must be submitted to the Awards Tent before leaving Sectionals. (Athletes, Coaches and AD's must plan ahead and have the necessary forms completed at Sectionals.) **State Travel Opt Out will not be permitted if the form is not submitted at sectionals.** Section VI is paying for transportation, lodging and most of the food costs for the qualifying athletes to attend and compete at the State Meet. Section VI will also cover the same costs for one coach per school & gender, as listed in the Section VI directory, to attend the State Meet if their athletes are competing. *The section will not pay for athletes & coaches box lunch at the NYSPHSAA Track & Field Championship this year. Arrangements for lunches will be the responsibility of the individual schools, coaches or athletes.*

Coaches and Athletes who opt out of section travel and lodging must contact Paul or Walt when arriving at the State meet in order to pick up the athlete's assigned participant number and Section T-Shirt.

It is important for coaches to bring their schools medical emergency numbers for each athlete to the State Championships.

Section VI State Qualifier - Friday, June 5, 2020
Site: Olean High School
ORDER OF EVENTS
FRIDAY June 5, 2020

TRACK		FIELD	
Event	Races & Division	Event & Division	
1. Pentathlon 110HH-B	(4) Final II-12:00 noon	12:00 Noon	Triple Jump-G II
2. Pentathlon 100HH-G	(4) Final II		Long Jump-B II
3. 100 meter HH-G	(2) Semi's II-12:30 p.m.		Pole Vault-G I
4. 100 meter HH-G	(2) Semi's I		Shot Put-G II
5. 110 meter HH-B	(2) Semi's II		Discus-B II
6. 110 meter HH-B	(2) Semi's I		
7. 100 meter dash-G	(2) Semi's II		
8. 100 meter dash-G	(2) Semi's I		Pentathlon High Jump-G II
9. 100 meter dash-B	(2) Semi's II		Pentathlon High Jump-B II
10. 100 meter dash-B	(2) Semi's I		
11. Pentathlon 110HH-B	(4) Final I		
12. Pentathlon 100HH-G	(4) Final I		
13. 400 meter dash-G	(2) Semi's II		Triple Jump-G I
14. 400 meter dash-G	(2) Semi's I		Long Jump-B I
15. 400 meter dash-B	(2) Semi's II		Pole Vault-G II
16. 400 meter dash-B	(2) Semi's I		Shot Put-G I
17. 800 meter run-G	(2) Final II		Discus-B I
18. 800 meter run-G	(2) Final I		
19. 800 meter run-B	(2) Final II		
20. 800 meter run-B	(2) Final I		Pentathlon Shot Put-G II
21. 200 meter dash-G	(2) Semi's II		Pentathlon Shot Put-B II
22. 200 meter dash-G	(2) Semi's I		Pentathlon High Jump-G I
23. 200 meter dash-B	(2) Semi's II		Pentathlon High Jump-B I
24. 200 meter dash-B	(2) Semi's I		
25. 400 meter IH-G	(2) Semi's II		
26. 400 meter IH-G	(2) Semi's I		
27. 400 meter IH-B	(2) Semi's II		Pentathlon Shot Put-G I
28. 400 meter IH-B	(2) Semi's I		Pentathlon Shot Put-B I
29. 4x100 meter Relay-G	(2) Semi's II		
30. 4x100 meter Relay-G	(2) Semi's I		
31. 4x100 meter Relay-B	(2) Semi's II		
32. 4x100 meter Relay-B	(2) Semi's I		
33. 3000 meter run-G	(1) Final II		
34. 3000 meter run-G	(1) Final I		
35. 3200 meter run-B	(1) Final II		
36. 3200 meter run-B	(1) Final I		

Section VI State Qualifier - Sat., June 6, 2020

Site: Olean High School

ORDER OF EVENTS SATURDAY June 6, 2020

TRACK		FIELD	
Event Races & Division		Event & Division	
1. 2000 Steeplechase-G	(1) Final II -12:30 p.m.	12:00 Noon	Shot Put-B II
2. 2000 Steeplechase-G	(1) Final I		Discus-G II
3. 3000 Steeplechase-B	(1) Final II		Pole Vault-B II
4. 3000 Steeplechase-B	(1) Final I		High Jump-B II
5. 110 meter HH-G	(1) Final II		High Jump-G II
6. 110 meter HH-G	(1) Final I		Pentathlon LJ-B II
7. 100 meter HH-B	(1) Final II		Pentathlon LJ-G II
8. 100 meter HH-B	(1) Final I		
9. 100 meter dash-G	(1) Final II		
10. 100 meter dash-G	(1) Final I		Pentathlon LJ-B I
11. 100 meter dash-B	(1) Final II		Pentathlon LJ-G I
12. 100 meter dash-B	(1) Final I		
13. Pentathlon 800 meter-G	(1) Final II – may move ahead		
14. Pentathlon 1500 meter-B	(1) Final II – may move ahead		
15. 1500 meter run-G	(1) Final II		Long Jump-G II
16. 1500 meter run-G	(1) Final I		Triple Jump-B II
17. 1600 meter run-B	(1) Final II		Shot Put-B I
18. 1600 meter run-B	(1) Final I		Discus-G I
19. 400 meter dash-G	(1) Final II		
20. 400 meter dash-G	(1) Final I		High Jump-B I
21. 400 meter dash-B	(1) Final II		High Jump-G I
22. 400 meter dash-B	(1) Final I		Pole Vault-B I
23. Pentathlon 800 meter-G	(1) Final I – may move ahead		
24. Pentathlon 1500 meter-B	(1) Final I – may move ahead		
25. 400 meter IH-G	(1) Final II		
26. 400 meter IH-G	(1) Final I		Long Jump-G I
27. 400 meter IH-B	(1) Final II		Triple Jump-B I
28. 400 meter IH-B	(1) Final I		
29. 200 meter dash-G	(1) Final II		
30. 200 meter dash-G	(1) Final I		
31. 200 meter dash-B	(1) Final II		
32. 200 meter dash-B	(1) Final I		
33. 4x800 meter Relay-G	(1) Final II		
34. 4x800 meter Relay-G	(1) Final I		
35. 4x800 meter Relay-B	(1) Final II		
36. 4x800 meter Relay-B	(1) Final I		
37. 4x100 meter Relay-G	(1) Final II		
38. 4x100 meter Relay-G	(1) Final I		
39. 4x100 meter Relay-B	(1) Final II		
40. 4x100 meter Relay-B	(1) Final I		
41. 4x400 meter Relay-G	(2) Final II		
42. 4x400 meter Relay-G	(2) Final I		
43. 4x400 meter Relay-B	(2) Final II		
44. 4x400 meter Relay-B	(2) Final I		

NYSPHSAA/FEDERATION BOYS & GIRLS SPRING TRACK
APPROVED STANDARDS FOR THE SECOND QUALIFIER FOR THE 2020 SEASON

FIRST PLACE FINISHER IN EACH INDIVIDUAL EVENT AND RELAY FROM THE FOLLOWING DIVISIONS
 WILL ADVANCE TO THE STATE MEET: DIVISION I AND DIVISION II.
 THE STANDARD MAY BE MET AT ANY INVITATIONAL OR CHAMPIONSHIP MEET OF 50R MORE TEAMS AT
 ANYTIME DURING THE SEASON.

EVENT	BOYS D1	BOYS D2	GIRLS D1	GIRLS D2
100M DASH	10.9 / 11.23	11.0 / 11.29	12.2 / 12.45	12.5 / 12.80
200M DASH	22.0 / 22.27	22.4 / 22.71	25.3 / 25.62	25.8 / 26.06
400M DASH	48.7 / 48.94	50.1 / 50.43	57.1 / 57.35	58.5 / 58.78
800M RUN	1:54.2 / 1:54.48	1:56.8 / 1:57.09	2:12.4 / 2:12.65	2:16.4 / 2:16.66
1600/1500M RUN	4:17.1 / 4:17.42	4:23.5 / 4:23.74	4:36.1 / 4:36.40	4:45.5 / 4:45.76
3200/3000M RUN	9:25.2 / 9:25.51	9:38.5 / 9:38.79	10:03.7 / 10:04.01	10:19.2 / 10:19.48
STEEPLECHASE	9:32.3 / 9:32.60	9:54.3 / 9:54.62	7:03.8 / 7:04.05	7:18.3 / 7:18.62
HIGH HURDLES	14.5 / 14.79	15.1 / 15.39	15.0 / 15.24	15.7 / 15.99
400M HURDLES	55.8 / 56.09	56.7 / 56.98	64.6 / 64.86	66.2 / 66.53
LONG JUMP	22' 01.5"	21' 00.75"	17' 09.25"	17' 01.5"
TRIPLE JUMP	45' 01"	44' 03.25"	37' 06.75"	36' 05"
SHOT PUT	52' 01.25"	51' 00.25"	39' 00.25"	36' 05"
DISCUS	149' 07"	146' 03"	120' 06"	109' 11"
HIGH JUMP	6' 03.25"	6' 01.5"	5' 03"	5' 01"
POLE VAULT	14' 02"	13' 05"	11' 02.5"	10' 00.75"
PENTATHLON	3062 PTS.	2992 PTS.	2907 PTS.	2693 PTS.
400M RELAY	42.5 / 42.76	43.9 / 44.23	48.3 / 48.62	50.1 / 50.39
1600M RELAY	3:20.5 / 3:20.76	3:27.8 / 3:28.06	3:57.0 / 3:57.25	4:06.8 / 4:07.11
3200M RELAY	7:53.1 / 7:53.40	8:10.0 / 8:10.30	9:14.6 / 9:14.84	9:41.1 / 9:41.37

(FIRST TIME LISTED IN EACH COLUMN IS HAND TIMED, SECOND TIME LISTED IS FULLY AUTOMATIC
 TIMING. STANDARD HYTEK CONVERSION OF .24 WAS USED FOR ALL RUNNING EVENTS.)

THESE STANDARDS REPRESENT THE AVERAGE OF 6TH PLACE IN THE FINALS FROM 2015- 2019

2020 NYSPHSAA SUPER QUALIFYING STANDARDS

5 year avg. of 4th place NYSPHSAA Finisher
(2015-2019)

Boys Event	Boys Division 1	Boys Division 2	Girls Event	Girls Division 1	Girls Division 2
100m	11.08	11.14	100m	12.38	12.67
200m	22.13	22.46	200m	25.13	25.45
400m	48.64	49.91	400m	56.36	58.15
110m HH	14.71	15.09	100m H	15.13	15.65
400m IH	54.99	56.13	400m IH	1:03.49	1:05.64
800m	1:53.94	1:55.32	800m	2:11.39	2:14.66
1600m	4:15.59	4:20.93	1500m	4:31.65	4:40.18
3200m	9:16.30	9:30.90	3000m	9:45.62	10:16.87
3k Steeple	9:24.44	9:44.96	2k Steeple	6:54.72	7:11.90
High Jump	6'5"	6'4"	High Jump	5'4"	5'3"
Pole Vault	14'5"	13'10"	Pole Vault	11'6"	10'7"
Long Jump	22'4.75"	21'07.25"	Long Jump	18'01.00"	17'06.00"
Triple Jump	45'10.75"	45'01.00"	Triple Jump	38'03.00"	37'00.00"
Shot Put	54'04.00"	52'05.00"	Shot Put	40'01.00"	38'00.25"
Discus	158'03"	150'06"	Discus	125'02"	117'06"
Pentathlon	3171	3099	Pentathlon	3156	2758
4x100m	42.52	43.67	4x100m	48.37	49.89
4x400m	3:19.44	3:27.19	4x400m	3:56.00	4:03.35
4x800m	7:50.53	8:05.34	4x800m	9:09.09	9:30.24

Performances must occur in a meet with 5 or more teams with certified officials.

All track times must be FAT.

Athletes/Relays who meet a Super Standard must compete in that event at their state qualifier meet to advance to the state meet by virtue of the Super Standard

NEW YORK STATE PUBLIC HIGH SCHOOL
State Track & Field Championships - Friday, June 12, 2020
CICERO NORTH SYRACUSE HIGH SCHOOL

**TIMES ARE APPROXIMATE - EVENTS MAY RUN AHEAD AS FAR AS POSSIBLE*

FRIDAY JUNE 12, 2020

ORDER OF EVENTS

TRACK

Div I - Large
 Div II - Small

12:30 Pent. 100 HH-1 G CHAMP F *lower seeds*
 Pent. 110 HH-1 B CHAMP F *lower seeds*

OPENING CEREMONIES INCLUDING SPORTSMANSHIP

AWARD WINNERS

1:30 100H G II T
 100H G I T
 1:45 110H B II T
 110H B I T
 2:00 100M G II T
 100M G I T
 100M B II T
 100M B I T
 2:25 Pent. 100 HH-2 G CHAMP F *higher seeds*
 Pent. 110 HH-2 B CHAMP F *higher seeds*
 2:50 400M G II CLASS FINAL
 400M G I CLASS FINAL
 400M B II CLASS FINAL
 400M B I CLASS FINAL
 3:25 800M G CHAMP F
 800M B CHAMP F
 3:55 200M G II T
 200M G I T
 200M B II T
 200M B I T
 4:25 400 INTER H G II CLASS FINAL
 400 INTER H G I CLASS FINAL
 400 INTER H B II CLASS FINAL
 400 INTER H B I CLASS FINAL
 5:00 4X100 RELAY G II CLASS FINAL
 4X100 RELAY G I CLASS FINAL
 4X100 RELAY B II CLASS FINAL
 4X100 RELAY B I CLASS FINAL
 5:35 4X400 RELAY G II CLASS FINAL
 4X400 RELAY G I CLASS FINAL
 4X400 RELAY B II CLASS FINAL
 4X400 RELAY B I CLASS FINAL
 6:30 3000M G CHAMP F
 3200M B CHAMP F

FIELD

11:00 POLE VAULT G CHAMP F
 11:00 DISCUS B I CLASS FINAL
 11:30 TRIPLE JUMP G I CLASS FINAL
 TRIPLE JUMP G II CLASS FINAL
 12:30 SHOT PUT G I CLASS FINAL
 12:30 DISCUS B II CLASS FINAL
 2:00 SHOT PUT G II CLASS FINAL
 1:00 TRIPLE JUMP B I CLASS FINAL
 TRIPLE JUMP B II CLASS FINAL
 1:15 PENT.HIGH JP1 G CHAMP F
 PENT.HIGH JP1 B CHAMP F
 3:30 POLE VAULT B CHAMP F
 2:00 DISCUS G I CLASS FINAL
 3:30 DISCUS G II CLASS FINAL
 2:30 LONG JUMP G I CLASS FINAL
 LONG JUMP G II CLASS FINAL
 3:00 SHOT PUT B I CLASS FINAL
 4:30 SHOT PUT B II CLASS FINAL
 3:15 PENT.SHOT-1 G CHAMP F
 3:45 PENT.SHOT-1 B CHAMP F
 3:00 PENT.HIGH JP-2 G CHAMP F
 3:15 PENT.HIGH JP-2 B CHAMP F
 4:00 LONG JUMP B I CLASS FINAL
 LONG JUMP B II CLASS FINAL
 5:00 PENT.SHOT-2 G CHAMP F
 5:30 PENT.SHOT-2 B CHAMP F

**NEW YORK STATE PUBLIC HIGH SCHOOL
State Track & Field Championships - Saturday, June 13, 2020
CICERO NORTH SYRACUSE HIGH SCHOOL**

**TIMES ARE APPROXIMATE - EVENTS MAY RUN AHEAD AS FAR AS POSSIBLE*

SATURDAY JUNE 13, 2020

ORDER OF EVENTS

TRACK

10:00	2000M STEEPLE	G	CHAMP	F
	3000M STEEPLE	B	CHAMP	F
10:50	100M	G	II	CLASS FINAL
	100M	G	I	CLASS FINAL
	100M	B	II	CLASS FINAL
	100M	B	I	CLASS FINAL
11:10	1500M	G	CHAMP	F
	1600M	B	CHAMP	F
11:40	100H	G	II	CLASS FINAL
	100H	G	I	CLASS FINAL
	110H	B	II	CLASS FINAL
	110H	B	I	CLASS FINAL
12:00	200M	G	II	CLASS FINAL
	200M	G	I	CLASS FINAL
	200M	B	II	CLASS FINAL
	200M	B	I	CLASS FINAL

FIELD

10:00	HIGH JUMP	G	CHAMP	F
10:30	HIGH JUMP	B	CHAMP	F
10:00	PENT.LONG JP-1	G	CHAMP	F
	PENT.LONG JP-2	G	CHAMP	F
11:00	PENT.LONG JP-1	B	CHAMP	F
	PENT. LONG JP-2	B	CHAMP	F
10:00	DISCUS	G	CHAMP	F
11:30	DISCUS	B	CHAMP	F
12:00	SHOT PUT	G	CHAMP	F
12:00	LONG JUMP	G	CHAMP	F
12:00	LONG JUMP	B	CHAMP	F
1:30	SHOT PUT	B	CHAMP	F
1:30	TRIPLE JUMP	G	CHAMP	F
1:30	TRIPLE JUMP	B	CHAMP	F

BREAK 12:10 - 12:25

12:25	100HH	G	CHAMP	F
	110H	B	CHAMP	F
12:40	100M	G	CHAMP	F
	100M	B	CHAMP	F
1:00	400M	G	CHAMP	F
	400M	B	CHAMP	F
1:15	400 INTER H	G	CHAMP	F
	400 INTER H	B	CHAMP	F
1:25	200M	G	CHAMP	F
	200M	B	CHAMP	F
1:35	4X800 RELAY	G	CHAMP	F
	4X800 RELAY	B	CHAMP	F
2:20	4X100 RELAY	G	CHAMP	F
	4X100 RELAY	B	CHAMP	F
2:40	4X400 RELAY	G	CHAMP	F
	4X400 RELAY	B	CHAMP	F

THE COMBINED EVENTS WILL FIT INTO THE TIME SCHEDULE WHEN THEY ARE READY TO GO

**	PENT. 800 (ALL)	G	CHAMP	F
**	PENT 1500 (ALL)	B	CHAMP	F

Boys Section VI Outdoor Track & Field Records

<u>Event</u>	<u>Record</u>	<u>Name</u>	<u>School</u>	<u>Year</u>
100 M	10.64 *	Lamar Smith	Bennett	1981
200 M	21.34 *	Lamar Smith	Bennett	1982
400 M	47.81	Tresten White	Lockport	2017
800 M	1:50.85	Justin Craddock	Kenmore East	2005
1600 M	4:10.21	TJ Hornberger	Lake Shore	2014
3200 M	9:00.97	Ian Russ	East Aurora	2018
110 M Hurdles	14.14 *	Jarod Vogler	Sweet Home	1999
400 M Hurdles	52.69	William Cole	Hamburg	2009
Steeplechase	9:19.31	Joe Whalen	Hamburg.	2009
Long Jump	24' 4"	Brian Archie	Niagara Falls	2009
Triple Jump	50' 04.5"	Marcell King	Medina	1995
High Jump	7' 00"	Brett Stearns	Jamestown	1992
Pole Vault	16' 01"	Dan Tierney	Medina	2004
Shot Put	64' 10 1/4"	Jon Surdej	Lancaster	2019
Discus	194' 4"	Sam Wray	Starpoint	2016
Pentathlon	3848 pts.	Pat Buckheit	Hamburg	1995
400 M Relay (4x100)	41.36	Anthony Williams Eric Johnson Thomas Rivera Nathaniel Davis	Sweet Home	2017
1600 M Relay (4x400)	3:17.64 *	James Davis Rayford Bragg Brian Hooks Lamar Smith	Bennett	1981
3200 M Relay (4x800)	7:47.44	Will Schults Chris Nowak Josh Hammer Daddario	Sweet Home	2015

All records must be properly documented and verified with application and proper signatures or record will not be accepted. *Hand held times converted to FAT (.24 is added to the hand held time)

Girls Section VI Outdoor Track & Field Records

<u>Event</u>	<u>Record</u>	<u>Name</u>	<u>School</u>	<u>Year</u>
100 M	11.74	Jenna Crean	Orchard Park	2018
200 M	23.66	Ashley Fields	Amherst	2009
400 M	54.59	Jenna Crean	Orchard Park	2017
800 M	2:07.94	Maxanna Grubb	Amherst	2019
1500 M	4:24.90	Mary Pat Hickey	Clarence	1985
3000 M	9:41.80	Sophia Tasselmyer	East Aurora	2016
100 M Hurdles	13.66	Ronetta Alexander	Williamsville South	2003
400 M Hurdles	1:00.60	Fawn Dorr	Akron	2006
Steeplechase	6:58.38	Jessica Ortman	Williamsville South	2005
Long Jump	19' 09.25"	Mary Saxer	Lancaster	2005
Triple Jump	39' 03"	Makyla Brooks	Frontier	2014
High Jump	5' 11"	Alison Smith	Clarence	1988
Pole Vault	13' 09"	Mary Saxer	Lancaster	2005
Shot Put - 4K	49' 05"	Stacey Schroeder	Grand Island	1992
Discus	172' 00"	Stacey Schroeder	Grand Island	1992
Pentathlon	3614 pts.	Alyissa Hasan	Williamsville South	2005
400 M Relay (4x100)	47.81	Jenna Crean Leah Pasqualetti Katelynn Hennessy Sara Puskar	Orchard Park	2019
1600 M Relay (4x400)	3:54.00	Emily Irish-Ryan Victoria Sosnowski Nasya Watson Ashley Fields	Amherst	2010
3200 M Relay (4x800)	9:10.58	Ava Danieu Megan McLaughlin Maggie McLaughlin Molly McLaughlin	East Aurora	2018

All records must be properly documented and verified with application and proper signatures or record will not be accepted.

All times are FAT.

Appeals

Appeals Process

There are several things that must be understood concerning an official appeal of a track and/or field situation, including the difference between a protest and an appeal, and an understanding of what is subject to appeal and what is not.

It is necessary to note to whom the appeal must be addressed. The games committee has the authority to either serve as a jury of appeals or appoint a separate jury of appeals. The rules also provide that the jury may serve as a final board of appeals if so designated, or in an advisory capacity if the referee wishes to consult with it.

Whether the final authority is going to be the games committee, a jury of appeals or the referee, it should be announced and clearly understood by the participating teams prior to the meet.

What is Subject to Appeal?

1. Misapplication of a rule.
2. Clerical errors in placing competitors in individual events or relays- provided the appeal is made no later than 30 minutes after the conclusion of the meet.
3. Errors in team scoring – provided discovery is made within 48 hours of the completion of the meet.
4. Misapplication or failure to follow a procedure contained in the terms and conditions of competition announced in advance by the meet director or games committee. This would include such items as the time schedule, the number of qualifiers to advance, number of trials, etc.

What is Not Subject to Appeal?

1. Any judgment decision pertaining to violations or alleged violations of the rules.
2. A decision made by the finish judges or timers that does not involve a misapplication of a rule, or the terms and conditions of competition.

What is the Appeals Process?

The Appeal:

1. Must be made by the Head Coach, in writing on a form designated for that purpose.
2. Must include:
 - The competitor's name, school and number, as well as the event involved.
 - The specific rule in question.
 - A brief description of the situation or ruling being appealed.
3. Should be presented to the proper authority. i.e. jury of appeals, games committee, or referee.

Section VI Policies

Contingency Plan for Sectional Competition (weather or illness)

1. Contests will be postponed only if a participating school is officially closed due to weather or illness.
2. It is the responsibility of the Athletic Director (or designee) to notify the Sport Chairperson that the school has been closed due to weather conditions (or illness) as soon as he/she becomes aware of such action. Officials and the media will be notified by the Chairperson (or designee).
3. In the event that a school is closed on the day its playoff contest is scheduled, the decision to play shall rest with the District Superintendent.
4. In the event that weather conditions reverse themselves prior to game time, the game may be played with the mutual consent of the participating Athletic Directors and the approval of the Sport Chairperson.
5. When a contest is at a non-school site: If the competition facility and the roads to that destination are open, then the competition will go on as scheduled. If either the roads or the facility are closed, then the competition will be cancelled. Under NO CIRCUMSTANCES is a site contracted by Section VI available for practice when a competition is cancelled.
6. The Sport Chairperson will notify the Executive Director of any postponements.
7. PLEASE NOTE: It is up to the individual leagues to recognize the potential for snow days, power outages, etc. that may cause cancellations and problems. The individual leagues should schedule their last league

contest at least one or two days prior to the seeding meeting, allowing for a make-up league contest(s) prior to the seeding meeting if necessary. The storm in Feb. 2006 that closed schools the day before the seeding meeting bears this point out.

8. Any health or safety threat, confirmed or unconfirmed will supersede any existing policy and will be up to the discretion of the involved member school. (approved AC 11/13/19)

Section VI AED Policy

(effective Feb. 2003)

The game site-chairperson will be responsible for securing an AED for the certified trainer's use at all sectional contests, and at all regional and state contests that are hosted by Section VI. The certified trainer will be provided by an orthopedic group contracted by Section VI, at all post-season contests held at **neutral sites**. **Note:** If a school suffers loss or damage to an AED that is being used for post-season contests, the Section will be financially responsible.

All-WNY Scholar Athlete Track & Field Team

Coaches and Athletic Directors are encouraged to nominate athletes for selection to the **All-WNY Scholar Athlete Track & Field Team**. Click here for the [criteria for selection and on-line application](#). **Applications must be completed on-line** before **Monday, May 8**. The team will be honored by both Section VI and the Buffalo News.

Regulations Regarding Senior All-Star & Outside Agency Contests

(updated October 2013 NYSPHSAA Executive Committee)

1. All Senior All-Star and Outside Agency contests **MUST** be approved by Section VI. In addition, Senior All-Star contests must be approved by NYSPHSAA. The forms required are posted on the section website*
2. All Senior All-Star and Outside Agency contests must be conducted within the season dates approved by the Section VI Athletic Council for that sport. The calendar of approved season dates for all sports is posted on the section website*
3. Only seniors who have completed their secondary school eligibility in that sport may compete in these contests.
4. *A contestant may participate in any approved senior all star athlete contest in the same sport during the school year. (approved October 24, 2013, NYSPHSAA Executive Committee Meeting).*

NOTE: A Senior All-Star contest by NYSPHSAA standards, is one in which an athlete's participation is based solely on outstanding performance as a member of a high school team. If open-tryouts are held, the contest is NOT a NYSPHSAA All-Star contest.

*www.section6.e1b.org Click on *Forms Scroll down to Senior All Star*, or call the Section office 821-7581.

Section VI Thunder and Lightning Policy

For the complete policy click on #410 in the →[Policy Manual](#)

"Thunder and lightning necessitates that all contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion - thunder is thunder, lightning is lightning. If lightning and/or thunder is observed, all outdoor activities will be suspended immediately. Players and spectators shall be directed to report to a shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, car). The officials and responsible authorities shall make every reasonable effort to resume and complete the contest, with full consideration of the weather and site conditions (as they affect safety and playing conditions). The official/coaches shall wait 30 minutes from the time the last boom is heard and/or the last strike is seen before starting or resuming play.

CLARIFICATIONS:

PRIOR TO CONTEST

If thunder/lightning is observed at the site of an outdoor contest by the officials/ coaches 30 or fewer minutes prior to the scheduled start of that contest, the official/ coaches and the responsible school authorities shall not permit the contest to begin. Before the contest can begin a 30-minute period void of any strike or boom must be observed.

DURING THE CONTEST

If thunder/lightning is observed at the site of an outdoor contest by the officials during the playing of the contest, the official/coaches shall immediately cease play for 30 minutes. Play may not resume until there has been a

period of at least 30 minutes in which a boom or strike has not been observed. The rules of the particular sport shall determine whether the contest is 'official' or must be resumed at a later date."

Section VI Policy on Travel to State Competition

For the complete policy click on #310 in the → [Policy Manual](#)

Summary for Individual Sports

Championships to cover the following costs for state competition.

- 1) Transportation, lodging and meals for Cross Country, B&G Swim, Indoor and Outdoor Track and Bowling.
- 2) Lodging and meals for G Gymnastics, B&G Golf, B & G Tennis and Alpine Skiing
- 3) Lodging for wrestling

and will discontinue year-end reimbursement to districts for these costs.

Member schools participating in state competition will be responsible for all costs related to that participation with exception of items 1,2,3 above for 2018-19. Section VI responsibility for member school participation in state championships is outlined below.

Supervision:

One or more certified coaches are required to travel with the student athletes from their school and must be present on any Section VI contracted bus, where the athletes are housed, at the state competition site and all related events.

Transportation:

Individual Sports Group 1: Alpine Skiing, Rifle, Golf, Tennis, Gymnastics, Wrestling

The schools will be responsible for transporting their athletes to state competition and all associated transportation costs.

Individual Sports Group 2: Bowling, C.Country, Ind.Track, Track & Field, Swimming

- a) The Section VI office will contract bus transportation for the athletes. There are two choices for the school:
 - 1) A school may choose to have its athlete(s) travel to state competition on the Section contracted bus. The following rules apply:
 - The athlete (and coach) must use the lodging and meals if pre-arranged by the Sportchair.
 - The athlete (and coach) must remain with the Section until the completion of the athlete's competition. The athlete will not be released prior to completion of competition.
 - When competition is completed, the athlete may be released to parents/coach for return home on alternate transportation if the Section release form is completed before the state meet
 - 2) A school may choose to have its athlete(s) travel to state competition in an alternate manner under the following stipulations:
 - A school that opt-outs of Section transportation will be responsible for arranging their own lodging and meals.
 - The request to opt-out of travel on the Section VI bus must be submitted in writing to the Sportchair and the Section VI office by the date specified in the sport handbook.
 - The school must submit all required release forms to the Sportchair by the specified date.
 - The school must arrange for the athlete to rendezvous with the Sportchair (or designee) at a pre-designated time and place prior to the competition.
- b) Transportation expenses will be billed to Section VI.
- c) Section VI will apply to the NYSPHSAA for the allowed reimbursement of \$1.35 per mile on the state grid.

Lodging:

Individual Sports: The Sportchair will be responsible for reserving a block of rooms for all athletes (4 per room). The block will include rooms for coaches (2 per room) for individual sports in Group 1 (see 310.2). For individual sports in Group 2, the block will be increased by 50% to allow for coaches. (e.g.: If XC needs a block of 40 rooms for athletes and supervisors, they will now reserve a block of 60 rooms) When the qualifiers have been determined, the Sportchair will register all athletes and coaches who are using Section transportation from the block of reserved rooms. Schools that opt-out of Section transportation are responsible for registering their own athletes and coaches. They may register for the remaining rooms in the reserved block until the rooms are exhausted or choose their own lodging. Schools will be responsible for the cost of athletes' meals at state competition with the exceptions indicated in item 1,2,3 above.

Meals:

Schools will be responsible for the cost of athletes' meals at state competition with the exceptions indicated in item 1,2,3 above. For some individual sports, the Section will facilitate meal handling by paying meal expenses

and invoicing the schools per participating athlete. This plan, if used, will be listed in the sport handbook.



Heat Index Procedures

Administration of Heat Index Procedures:

- Feels Like Temperature (Heat index) will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 80 degrees (Fahrenheit) or higher.
- Download Weather Bug app to your phone or log into www.weatherbug.com
- Enter zip code or city and state in the location section of the app or on-line.
- If the Feels Like temperature (heat index) is 90 degrees or above, the athletic trainer, athletic director, or school designee must recheck the Feels Like temperature (heat index) at half time or midway point of the contest. If the Feels Like temperature (heat index) temperature is 96 degrees (Fahrenheit) or more, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	Feels Like Temp (Heat Index) under 79 degrees	Full activity. No restrictions
R E C O M M E N D E D	Heat Index Caution: Feels Like Temp (Heat Index) 80 degrees to 85 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider reducing the amount of time for the practice session.
	Heat Index Watch: Feels Like Temp (Heat Index) 86 degrees to 90 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time).
	Heat Index Warning: Feels Like Temp (Heat Index) 91 degrees to 95 degrees	Provide ample water and water breaks every 15 minutes. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is much lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time). Light weight and loose fitting clothes should be worn. For Practices only Football Helmets should be worn. No other protective equipment should be worn.
REQUIRED	Heat Index Alert: Feels Like Temp (Heat Index) 96 degrees or greater	No outside activity, practice or contest, should be held. Inside activity should only be held if air conditioned.

Approved May 1, 2010
Updated July 27, 2016

Administration of Wind Chill Procedures:

- Feels Like Temperature (Wind Chill) will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 39 degrees (Fahrenheit) or lower.
- Download Weather Bug app to your phone or log into www.weatherbug.com
- Enter zip code or city and state in the location section of the app or on-line.
- If the Feels Like temperature (Wind Chill) is 10 degrees or below, the athletic trainer, athletic director, or school designee must re-check the Feels Like (Wind Chill) at half time or midway point of the contest. If the Feels Like (Wind Chill) temperature is -11 degrees (Fahrenheit) or lower, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	Feels Like Temp (Wind Chill) above 40 degrees	Full activity. No restrictions
R E C O M M E N D	Wind Chill Caution: Feels Like Temp (Wind Chill) 39 degrees to 20 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing.
	Wind Chill Watch: Feels Like Temp (Wind Chill) 19 degrees to 10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss.
	Wind Chill Warning: Feels Like Temp (Wind Chill) 9 degrees to -10 degrees	Stay adequately hydrated. Notify coaches of the threat of cold related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss. Consider postponing practice to a time when the Feels Like temp is much higher. Consider reducing the amount of time for an outdoor practice session.
REQUIRED	Wind Chill Alert: Feels Like Temp (Wind Chill) -11 degrees or lower	No outside activity, practice or contest, should be held.

Special Note: Alpine Skiing will be exempt from this policy and will follow the regulations of the host ski center where the practice or event is being held.

Approved May 1, 2010

SECTION VI - NYSPHSAA Sportsmanship Philosophy & Code of Conduct

Philosophy

1. We believe that interscholastic athletics is an important part of education and support the ideals and values embodied in good sportsmanship.
2. We believe that sportsmanlike behavior is essential if interscholastic competition is to contribute usefully and constructively to the broad goals of education and to the quality of life of those involved.
3. We pledge ourselves individually and collectively to encourage and support the development and maintenance of a sportsmanlike atmosphere for athletic competition.

Code of Conduct

1. A genuine interest in and enjoyment of interscholastic competition requires conduct that reflects the understanding that contests as a part of an overall school program are intended to be enjoyed. Behavior that reflects a winning at all cost attitude violates this standard.
2. Interscholastic competition provides valuable lessons and learning experiences that are not possible in the regular classroom setting. All involved must support the need to develop the ability to compete with enthusiasm and to accept winning with grace and losing with dignity.
3. Coaches, players, and fans should know that participation is an honor and privilege which requires them to conduct themselves in a manner that brings honor and pride to their school and community.
4. Respect for the cultural and ethnic diversity of one's opponents, their school, and community is a fundamental tenet of wholesome athletic competition. This standard suggests that planned activity is needed to demonstrate a warm and friendly welcome, mutual respect, and a genuine readiness to participate in a sportsmanlike manner.
5. Players should demonstrate both knowledge of the rules and respect for game officials and their decisions. Coaches and school officials have the responsibility to teach and encourage these attributes.

******* Sportsmanship Statement Reminder *******

The following statement will be read over the public address system just prior to the pledge to the flag. If there is no public address system, the statement will be read to both teams by the site chairperson or his representative:

“Welcome to Section VI (name of sport). Athletic competition can provide everyone with a sense of accomplishment and pride, if all of us - players, coaches and spectators - abide by the rules of good conduct. We ask that you enjoy the performance of our outstanding athletes in a spirit of sportsmanship and appreciation of competition.”